



# Jen Roberts

## Certified Personal Trainer

Jen's positive and confident energy is highly motivating. She is reliable and values your time ensuring you get the most out of your work-out investment. When you begin your fitness journey with Jen, you can be certain she will research and design the perfect program necessary to accomplish YOUR individual goals. As with her personal training, Jen takes great pride in planning her fitness classes. Treat yourself to an unforgettable cardio burn in one of her explosive Spin or spicy Zumba classes.

### CLUB HOURS:

Monday - Friday  
5:30am - 9pm

Saturday - Sunday  
6:00am - 9pm

Contact Jen  
at 970.376.6261

[jroberts@destinationhotels.com](mailto:jroberts@destinationhotels.com)

*"I'll research and design the perfect program necessary to accomplish your individual goals".*



## JEN'S CREDENTIALS

Certified Personal Trainer, NSCA  
Certified Spin Instructor, Johnny G.  
Zumba Instructor, Zumba Fitness