



Angela Muzic Pilates Instructor

CLUB HOURS:

Monday - Friday
5:30am - 9pm

Saturday - Sunday
6:00am - 9pm

Contact Angela
at 614.202.0981

amuzic@destinationhotels.com

Angela's beliefs in an all around approach to fitness have helped her develop the skills she uses today as a Group Fitness Instructor and as Aria's Pilates Director. Beginning her fitness career as a Certified Personal Trainer in Columbus, Ohio, Angela has a well rounded approach to health and fitness. In addition to softball, she has competed in swim, golf, martial arts, dance and gymnastics. Angela has expanded her horizons into the world of Pilates describing the discipline as "the missing link" to any fitness regimen. It is a very important component to overall health and fitness. Angela studied Pilates through Body Arts and Sciences International, founded by Rael Isacowitz who studied directly under Joseph Pilates.

*"Pilates fine tunes
your body."*



ANGELA'S CREDENTIALS

Pilates Instructor, BASI

Group Fitness Instructor, AFAA