



Photo Credit: Peter Fredin



## Vail Mountain Activities

Vail Cascade has a 14-year history of leading successful destination services programs for groups of all sizes. Our highly trained and knowledgeable staff takes pride in providing your group with creative programs and flawless execution. The result is an unparalleled experience for all.

# VAIL MOUNTAIN ACTIVITIES

---

## **Downhill Skiing and Snowboarding Equipment Rentals**

Charter Sports is located at Vail Cascade and rents ski and snowboard equipment. If you would prefer to organize your groups rental needs in advance please let us know and we will put you in touch with the appropriate contact at Charter Sports that can create a group order form designed specifically for their group's needs. Their website is [www.chartersports.com](http://www.chartersports.com)

All Vail Cascade guests are encouraged to store their skis, boots and poles at the Ski Concierge located next to Charter Sports.

A complimentary shuttle bus, which runs continuously, delivers Resort guests to Lionshead and Vail Village from 7:00 AM – 12:00 AM. The Cascade Lift, also known as Chair 20 opens at 8:30 AM daily while the necessary conditions exist. Upon Request, shuttle will go to Golden Peak. If you plan to ski you may want to bring lip balm, sunscreen, sunglasses or goggles, hat or headband, gloves, scarf, fanny pack or backpack.

You will stay warmer if you dress in several thin layers, such as a silk or a polypropylene shirt and long underwear, synthetic blend turtleneck, wool sweater, wool blend socks (avoid bulky wool socks), ski pants and jacket or one piece ski suit. Today more people are also encouraged to wear a helmet while on the mountain slopes.

## **Ski and Snowboard School**

The Vail Ski School is known for its innovative teaching methods and educational programs. The Ski School ranks among the top 5 ski schools in North America and boasts over 600 trained and certified instructors whose only goal is to help all individuals enjoy skiing. The school is dedicated to helping both beginners and experts and you will be amazed at your improvements in a short period of time. Group and private lessons are available for both half day and full day. Beginner lessons originate in Lionshead. A few of the amenities of the private lessons are that you don't need to wait in the long lift lines, you are able to demo the latest equipment and video analysis of your lesson is available upon request.

## **Adult Public Ski and Snowboard Lessons**

There are a variety of public lessons available to all levels of skiers and snowboarders. Work directly with your Conference Services Manager to select the lessons that will work best for the interests and schedules of your group's members.

## **NASTAR Races**

Rent your own private race course! Dual course is on a gently rolling blue run and suitable for everyone from beginner to advanced participants. Each participant is allowed two runs. Group Nastar times are 10:00 AM, 12:00 PM & 2:00 PM. The minimum hill rental fee covers two hours of racing. Groups over 70 racers are required to book 2 hours of racing. If your group is over 100 racers speak to your Conference Services Manager for specific details.

## **Ski Trips to Surrounding Area Ski Resorts**

If you are looking for variety in ski areas, we can coordinate day trips to Aspen, Beaver Creek, Copper Mountain, Keystone, Breckenridge, Arapahoe Basin and Loveland. Your tour can include round-trip transportation, snacks on the transfer and a one-day lift ticket. Speak to your Conference Services Manager for specific details.

## **Specialty Mountain Activities**

### **First Tracks “Be the First to Hit the Slopes”**

How does it sound to be the first group to get on the slopes? With first tracks, your group will be the first to hit the mountain with 3 private lifts (one access and 2 skiable) that will run from 7:30-8:30 AM or 8:00-9:00 AM depending on time of year. A private breakfast buffet will be held at 9:00-10:00 AM at Wildwood or Two Elk Lodge. In order for this activity to work the best the group must be intermediate skiers.

## **The Works - Vail Mountain’s Exclusive Package**

### **“There’s No Comparison”**

Want it all? Let certified ski instructors guide you through a day exploring Vail Mountain. Then take a break for a private breakfast at Wildwood and a private lunch at Sarge’s Shelter. After a fun day on the slopes relax with a hosted après-ski party at Vintner’s, which includes 2 hosted cocktails and appetizers.

You are also able to demo the latest equipment from the on-mountain demo tent for the day.

## **Adventure Camp, “The Ultimate Ski School Experience”**

Want the perfect private lesson? With the Adventure Camp, you get 3 days of private instruction (with the same instructor) on 2 of the top 4 ski resorts in North America. On day one your instructor takes you along the front side of Vail and to the Back Bowls in Blue Sky Basin. On day two you head over to Beaver Creek Talon’s Challenge (shuttle transportation to BC included) and on day three you will participate in the Vail Race Clinic. Lunch vouchers will be given to each guest for an on-mountain lunch each day. You are also able to demo the latest equipment from the on-mountain demo tent.

## **Gondola Rides**

Enjoy a scenic gondola ride up Vail Mountain where you will take pleasure in the breathtaking views, the mountains and the skiers below. Take some time to enjoy lunch in one of the restaurants at Eagle’s Nest before you venture back down the mountain.

## **Tubing on Meadow Mountain**

Don't miss this "must do" activity while in Vail. Gone are the days of trudging uphill with the sled and kids. Ride on our tube up the hill in style on our lift, then descend one of our groomed tubing runs. All members of the family can participate, no lessons required. Meadow Mountain is located in Minturn, a 10 minute drive from the resort. Great for a group activity!

# **Adventure Ridge on Vail Mountain**

## **Tubing**

Enjoy the thrill of sliding down the “tube hill”. A variety of tubing lanes are available for all levels of adventure. Open evenings.

## **Ski Biking**

Adventure Ridge’s Bikes have skis instead of wheels, offering another downhill adventure. It's easy to learn, fun to ride and even offered as a guided tour. Tours begin every 45 minutes starting at 5:00 PM.

## **On Mountain Snowmobile Tours for Kids**

Come on a snowmobile tour by twilight or the setting sun. Ride through snow-covered meadows and mountain roadways. Kid’s rate applies to ages six to twelve and under one hundred and ten pounds.